

EVERYDAY: 9:00 Coffee Cafe
12:00 Lunch
*** Individual programming offered daily. Programming may be subject to change.**

January 2016
Jewish Home & Care Center
Adult Day Center Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
4 10:00 PreSpark! Current Events 11:00 Balance and Leg Weight Training Reiki/Meditation 1:00 Piano with Ardeen 1:30 Doyne's Broadway Name that Tune Initialette 2:30 Bingo King's Corners 3:30 Hand Massages/Manicures	5 10:00 Honorary Interview: Part 1 11:00 Parachute Exercise Yoga 1:00 Tickling the Ivories with Rosie 1:30 Discussion with Rabbi Emmer (Chai Point Lobby) Penny Ante 2:30 Conversation Corner Book Club Ruth's Walking Club 3:00 Sum 21	6 10:00 Honorary Interview: Part 2 11:00 Spin Class Yoga 1:00 Tickling the Ivories with Rosie 1:30 Natural Health Series In the Kitchen: Alecia's Spinach And Artichoke Dip 2:30 Conversation Corner Speaker: Jessie Garcia: Sports Anchor & Author (Rubenstein Pavilion) Gitel's Beauty Shop 3:00 Blackjack	7 10:00 Performance: Tom Stanfield (Rubenstein Pavilion) Current Events 11:00 Theraband Exercises Yoga 1:00 Tickling the Ivories with Rosie 1:30 PreSpark! Bananagrams 2:30 Conversation Corner Journaling Uno 3:00 Mind, Body and Spirit with Lisa Gorelick (Chai Point Lobby) <i>Please refrain from wearing fragrances</i>	8 10:00 What's Nu? with Rabbi Adams Challah Braiding 11:00 Kickball Yoga 1:00 Musical Shabbat 1:30 Performance: Music Around the World with Rick Aaron (Rubenstein Pavilion) Snack Prep 2:30 Drum Circle 3:30 Rummikub 10:00 SPARK! Program: Shabbat, a Time of Relaxation (Jewish Museum)
11 10:00 Performance: Tumbalalyka (Rubenstein Pavilion) Albert's Astrology Reading 11:00 Spin Class Reiki/Meditation 1:00 Piano with Ardeen 1:30 Marla's Celebrity Crushes In the Kitchen: Lori's Taco Dip 2:30 Kim's Price is Right Comedy Hour 3:00 King's Corners	12 10:00 Natural Health Series Mary's Remembering Ellis Island 11:00 Manual Muscle Testing Yoga 1:00 Tickling the Ivories with Rosie 1:30 Discussion with Rabbi Emmer (Chai Point Lobby) Joy's Presidential Match Up 2:30 Conversation Corner Pokerino Jim L's Book Club 3:00 Rummikub	13 9:15 Milwaukee Public Library Visit 10:00 Honorary Inspired Group Current Events 11:00 Balance and Leg Weight Training Yoga 1:00 Tickling the Ivories with Rosie 1:30 Crystal Healing Dictionary Day Quiz 2:30 Conversation Corner Dewery's Small Farming Wacky Wordies 3:00 Hand Massages/Manicures	14 10:00 Senior Fraud Prevention Presented by Home Instead (Chai Point Lobby) Journaling 11:00 Aerobics Yoga 1:00 Claire's Piano Time with Rosie 1:30 Speaker: Rachel Baum, UWM Professor (Rubenstein Pavilion) Creative Questions 2:30 Conversation Corner Drum Circle 3:00 Sum 21	15 10:00 Art Project with Hillel Academy (Chai Point Lobby) Challah Braiding 11:00 Yoga Theraband 1:00 Musical Shabbat 1:30 Performance: Music Around the World with Rick Aaron (Rubenstein Pavilion) Hot Topics 2:30 Paul's Song Writing Shirley's Bridge Lesson 3:30 Blackjack



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18 10:00 Martin Luther King Jr. Remembrance (Chai Point Lobby) Current Events 11:00 Aerobics Reiki/Meditation 1:00 Piano with Ardeen 1:30 Movie Matinee Cards Galore 2:30 Centerpiece Switch Up: Ideas Brain Games 3:30 Sum 21	19 10:00 Journaling In the Kitchen: Carol Ann's Monkey Bread 11:00 Balance and Leg Weight Training Yoga 1:00 Tickling the Ivories with Rosie 1:30 Discussion with Rabbi Emmer (Chai Point Lobby) Types of Bread Wheel of Fortune 2:30 Conversation Corner Drum Circle 3:30 Blackjack	20 10:00 Honorary's Chosen Group Suzanne's Current Events 11:00 Theraband Exercises Yoga 1:00 Tickling the Ivories with Rosie 1:30 Travels Through the Midwest Steven's Music of the 60s Match Up 2:30 Conversation Corner Look Good, Feel Good (Rubenstein Pavilion) Party Ideas 3:00 Rummikub	21 10:00 Natural Health Series Baking Demo with Liz 11:00 Parachute Exercise Yoga 1:00 Tickling the Ivories with Rosie Speaker: James Slausson, MIAD Professor (Rubenstein Pavilion) Balderdash 2:30 Conversation Corner Bingo Jenga 3:00 Burt's Sudoku	22 10:00 What's Nu? With Rabbi Adams Challah Braiding 11:00 Spin Class Yoga 1:00 Musical Shabbat 1:30 Performance: Music Around the World with Rick Aaron (Rubenstein Pavilion) Party Prep 2:30 Kim and Dewery's Hawaiian Party 3:00 Hand Massages/Manicures
25 10:00 Mind, Body and Spirit with Lisa Gorelick (Chai Point Lobby) <i>Please refrain from wearing fragrances</i> Current Events 11:00 Theraband Exercises Reiki/Meditation 1:00 Piano with Ardeen 1:30 Jerry's Tu B'Shevat Discussion 2:30 Pokerino Centerpiece Switch Up: Creation 3:30 Left-Center-Right Tu B'Shevat	26 10:00 Marilyn's Animal Speak Joan's Famous Firsts 11:00 Weight Training and Stretching Yoga 1:00 Honorary Piano Time 1:30 Discussion with Rabbi Emmer (Chai Point Lobby) Discovering Wisconsin 2:30 Conversation Corner Book Club Harvey's Crossword Contest 3:30 Sum 21	27 10:00 In the Kitchen: Rosie's Chili Joe's Journaling 11:00 Spin Class Yoga 1:00 Tickling the Ivories with Rosie 1:30 Margaret's Tarot Reading Maxine's This and That Trivia 2:30 Conversation Corner Drum Circle 3:00 Movie: Deli Man	28 10:00 Larry's Mysteries of the Universe Jim K's Radio Month Crossword 11:00 Balance and Leg Weight Training Yoga 1:00 Tickling the Ivories with Rosie 1:30 Robert's Which Rogers am I? Rosa's Treasures 2:30 Conversation Corner Veranda Art Alice's Martin Luther King, Jr. Trivia 3:30 Hand Massages/Manicures	29 10:00 What's Nu? With Rabbi Adams Challah Braiding 11:00 Yoga Kickball 1:00 Musical Shabbat 1:30 Natural Health Series Yale's 1940s Trivia and Music 2:30 Honorary's Closing Ceremony 3:00 Blackjack

